

## Alcohol Impaired Driving







### What is Alcohol Impaired Driving?

- Alcohol Impaired Driving is the action of operating a motor vehicle, vessel, railway equipment, or aircraft while having consumed any amount of alcohol.
- What is a motor vehicle? Here are some examples!
  - Snowmobiles
  - All-Terrain Vehicles (ATV)
  - Motorized boats
  - Airplanes
  - Cars
- It is also illegal to operate many non-motorized vehicles while intoxicated, such as canoes and bicycles.

#### How Does Alcohol Affect You?

- Alcohol is a depressant and slows down your body and brain functioning.
- It will cause:
  - Blurred or double vision
  - Impaired attention
  - Slower reflexes
  - Slower processing

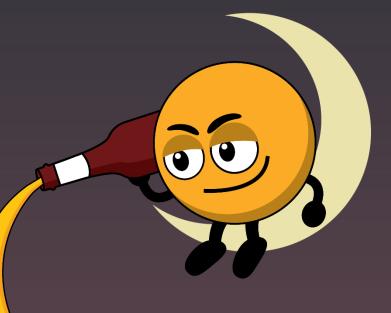


How Alcohol Affects Driving

• Even one drink can impact your ability to drive, as it will hinder:



- Processing and cognitive ability
- Judgement
- Concentration
- Comprehension
- Coordination
- Reaction time



# Legal Consequences of Alcohol Impaired Driving

The law states that it is illegal to drive under the influence of alcohol or drugs.

How much alcohol is too much alcohol?



- <u>Warning Range</u> a BAC between 50mg and 80mg per 100ml of blood.
- Fail Range a BAC above 80mg per 100ml of blood.

#### For youth

 You must have a Blood Alcohol Concentration (BAC) of Omg per
100ml of blood = zero alcohol.

Throughout Canada, it is a criminal offence to drive with a BAC higher than 80mg per 100ml of blood.



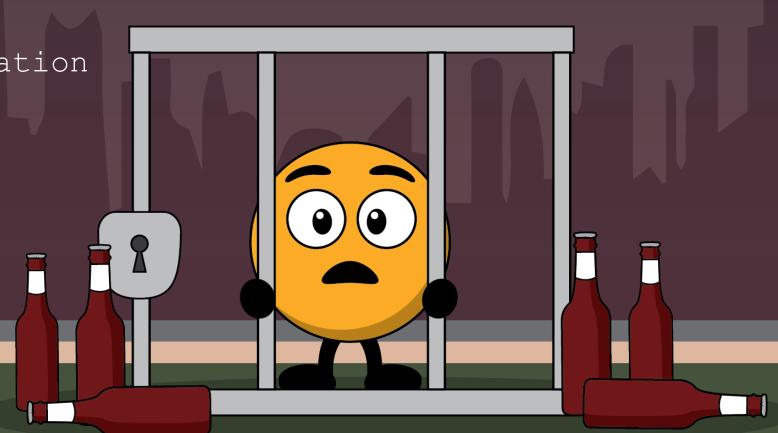


## Legal Consequences of Alcohol Impaired Driving



What can happen if someone violates the law?

- Fines of up to \$1000 upon conviction
- Criminal charges
- Sentenced to driver re-education
- Jail or prison sentences
- License suspension



#### Did You Know?

- Alcohol affects the ability to drive safely, effectively, and responsibly.
- Drivers who are impaired double their chances of being in a motor vehicle accident, which can fatally injure:
  - The driver



### You think you might be impaired...

Alternative ways to get home safely:

You may find yourself in a situation where you feel stuck and that you have no other option than to drive.



- Call a friend, your parents or a trusted person who is not impaired
- Have a designated driver who is not impaired
- Stay at a friend's house
- Call a taxi
- Take the bus



#### How to Prevent Impaired Driving

Youth are more likely to be passengers of someone who is drinking, rather than themselves driving while impaired.

If someone offers you a ride home and they are under the influence of alcohol or drugs, it is okay to turn down the offer. There are many ways to get out of this kind of situation:

- Confidently say NO
- Suggest to split on a taxi
- Tell them to find another way home
- Stay somewhere you know is safe
- Persuade them not to drive Ask their friends for help
- Hide their keys

## What to do if You Spot an Impaired Driver?

- It is important to call your local police department or dial 9-1-1 if you spot someone who is driving while impaired.
- What information should I give them?
  - The last location and direction of the suspected driver
  - The license plate number
  - The company, colour, and model of the vehicle
  - Description of the driver
  - Your present location



#### Thank you and stay Safe

#### From The Takla Landing RCMP

• Feel Free to Contact Us!

- f Royal Canadian Mounted Police
- @rcmpgrcpolice
- Royal Canadian Mounted Police
- @rcmpgrcpolice

